

Amendments to the Claims:

This listing of claims will replace all prior versions, and listing, of claims in the application.

Listing of Claims:

Claims 1 – 23 (Cancelled)

Claim 24 (Currently Amended): An exercise machine having a load wherein the primary movement is a pushing motion to actuate the load comprising:

at least one arm assembly operably attached to said load;

a handle base member including a first leg and a second leg extending from a base portion, said base portion rotatably attached to said arm assembly between said first leg and said second leg, said handle base member and rotating with respect to said arm assembly about a first axis of rotation at a midpoint of said base portion;

a grasping member rotatably connected with said first leg and said second leg attached to said handle base member, said grasping member rotating with respect to said handle base member about a second axis of rotation orthogonal to said first axis of rotation; and

wherein said handle base member further comprises an asymmetrical shape about said first axis of rotation such that when not in use said handle base member rotates to an upright position.

Claim 25 (Cancelled)

Claim 26 (Currently Amended): An exercise machine handle assembly operably attached to an arm assembly of an exercise machine, said handle assembly comprising:

a handle member having a base, ~~said handle member~~ rotatably connected to said arm assembly about a first axis of rotation, the first axis of rotation at a midpoint of said base; and

said base having a first side to one side of said midpoint and a second side to another side of said midpoint, said first side being heavier than said second side such that when said exercise machine is not in use, said handle member rotates to an upright position in which said first side is below said second side.

Claims 27-29 (Cancelled)

Claim 30 (Currently Amended): An exercise device having a load comprising:
at least one arm assembly operably attached to said load;
a handle assembly comprising:
a generally U-shaped bracket defining a base member and supporting a gripping portion;
a first axle rotatably connected with the base member and extending angularly from the
base member; [[and]]
a second axle pivotally connected with the first axle, the second axle operably attached to
said arm assembly; and
wherein the first axle and the second axle may be longitudinally aligned during use.

Claim 31 (Cancelled)

Claim 32 (Currently Amended): The exercise device of claim 30 further comprising:
a third axle rotatably connected with the at least one arm assembly; and
the third ~~second~~ axle is operably connected with the second axle.

Claim 33 (Previously Presented): The exercise device of claim 32 further comprising a
sleeve having at least one bearing therein, said sleeve being attached to said third axle and said
arm assembly.

Claim 34 (Previously Presented): The exercise device of claim 30 wherein:
the first axle is pivotally connected with the second axle at a ball-type pivot joint.

Claim 35 (Previously Presented): The exercise device of claim 30 wherein:
the U-shaped bracket defines a first leg and a second leg extending generally transverse
from the base member;
the gripping portion is rotatably connected between the first leg and the second leg.

Claim 36 (Currently Amended): The exercise device of claim 30 wherein:
said handle assembly pivoting in at least one orthogonal direction with respect to said
first ~~axle~~ axis of rotation.

Claim 37 (Previously Presented): The exercise device of claim 30 wherein the first axle
pivots in at least two orthogonal directions with respect to the second axle.

Claim 38 (Previously Presented): The exercise device of claim 30 wherein the first axle
extends perpendicularly from the base member.

Claim 39 (New): The exercise machine of claim 24, wherein said first axis of rotation is
not orthogonal to said second axis of rotation.